



**CHARITY
ARTS FESTIVAL**

**Sunday, 3 February 2019
12.30 – 19.30**

**Konvikt Centre
5 ave Marie-Thérèse
L-2132 Luxembourg**

**Music, Dance, Craft
Book sale, Children's activities
Food and drink**
Free entry, collection for charity

Charity Arts Festival

Entrance to the performances is free.

Collections in aid of the charities will be taken during the day.

Blocks of tickets will be on sale to exchange for food, drink and books.

The day's proceeds will go to the charities that the Anglican Church Luxembourg supports. For this event we are highlighting:

World Vision – Romania

Helps children from poor and vulnerable families and supports single mothers who are at risk of abandoning their children.

Friendship Luxembourg – Bangladesh

Works in partnership with people, communities, organisations and the government to create solutions to the challenges faced by the poor and marginalized communities in Bangladesh.

Programme

All day from 12.15 in the Salle Maria Rheinsheim downstairs (SMR):

- tea, coffee, wine, beer, soft drinks, sandwiches, cake
- exhibition of handicrafts with a chance to talk to the makers
- sale of books and DVDs
- board games available to play
- community art project - "A New Creation" - please come and make a pompom for our butterfly wall hanging at the craft corner.

11.00 – 12.00 Family Communion service in the Chapel upstairs, with music from the First Sunday Group.

From **12.15** until supplies run out: **Curry Lunch** in the SMR.

13.30 in the Chapel: **Young Musicians**

Talented young musicians and singers participate in a short but lively concert.

14.00 in the Chapel: **Raft of Loons**

Traditional a cappella folk music from this popular Luxembourg group.

14.30 in the Chapel: The Art of Music

A programme of unaccompanied vocal music, mainly from the 16th century. It will begin with canons for 7 and 8 voices by Mouton and Tallis: these are complex in structure but simple to listen to. Music from England will follow: a medieval song, then works by Byrd and a friend of his, the immigrant Alfonso Ferrabosco.

15.00 in the Chapel: The Virtuoso Horn Duo

Kerry Turner and Kristina Mascher return to enchant us with music for two French horns.

15.30 in the Chapel: Melusina Consort

Music for voices and viols from Shakespeare's day and later. Songs and chamber music for various combinations of singers and players.

16.00 in the SMR: Ballet

Display by pupils from the Jeanette Hutchines School.

16.30 in the SMR: Display by Court Dancing Luxembourg

Wearing copies of the ceremonial costume of the Hungarian aristocracy created for the coronation of Ferdinand V of Hungary in 1830, the teachers of this brand new group will perform choreography prepared for the 5th Hungarian dance by Johannes Brahms and the 2nd Waltz by Dimitri Schostakowitsch. The dancers will also offer to dance the waltz with members of the public after their performance.

17.00 in the Chapel: Choral Evensong

Our service to celebrate Candlemas is in the English of the early Anglican Church, using the Book of Common Prayer, and features music by Thomas Weelkes and William Byrd. Evensong takes place here every first Sunday of the month except January and August, please note that this one starts earlier than the usual time of 18.30.

18.00 – 19.00 in the SMR: Swing Dance Luxembourg will bring our Festival to a swinging close, with an opportunity for everyone to take part.

.....

Workshops, in which practitioners aim to transfer some of their skill and enthusiasm to novices, will be held in the Crèche Room (upstairs).

Places are limited and can be reserved in advance (events@anglican.lu) or at the main ticket desk. First come, first served. Ticket price €5 for children, €7 for adults.

13.30 – 14.30 Mindfulness led by Esmée Chengapen, for adults

Mindfulness meditation (full attention to the present moment) is effective in lowering stress. Studies have shown that mindfulness can increase energy, reduce stress, slow breathing, decrease anxiety, reduce pain, increase blood flow and provide a sense of peace.

When the Vagus nerve receives the signals from these mindfulness effects it sends a message to the brain that there is no danger and no need to be in fight or flight. The brain then sends the message to the autonomic nervous system which stimulates the parasympathetic branch to come out of fight or flight and regulate the systems into balance.

In this workshop, we will learn mindfulness techniques to help us deal with everyday situations which are often triggers of anxiety and stress.

14.30 – 15.30 Learn the Ukulele led by Lisa Dishman

For adults and children aged 7 years and above (capable of sitting at a table for the duration of the workshop) who would like to learn to play some chords and simple melodies, to accompany the singing of fun yet simple songs. Ukuleles are provided. 8 places.

15.30 – 16.30 Decorative lettering led by Tania Buhr

Learn some techniques for beautiful handwriting. For children aged 7 and above. 8 places.

16.30 – 17.15 Creative writing for children, led by Jess Bauldry and Rose Edwards. Help nurture your child's creativity in this creative writing workshop for young people aged from 6-11. Participants do not need to be confident writers to take part. 8 places.

17.15 – 18.00 Creative writing for adults, led by Jess Bauldry and Rose Edwards. Always wanted to put pen to paper but never had the discipline? This workshop will give participants the nudge they need to get started, using postcards as a prompt to unleash poetry and prose. For people aged 16 to 99. 8 places.

**These details are also on our website www.anglican.lu
or contact events@anglican.lu
for more information**