

## Compline (Night Prayer) Sundays

O God, come to our aid. *R.* O Lord, make haste to help us.  
*together:* Glory be to the Father and to the Son and to the Holy Spirit,  
as it was in the beginning, is now, and ever shall be, world without end. Amen.

### *Examination of Conscience*

#### Hymn

Nada te turbe, nada te espante;  
Quien a Dios tiene, nada le falta.  
Nada te turbe, nada te espante:  
Sólo Dios basta.

(Let nothing disturb you,  
let nothing frighten you,  
he who has God  
lacks nothing:  
God alone is enough.)

#### Psalm 4 Thanksgiving

*Lord, have mercy and hear me.*

1. When I call, answer me, O God of justice;  
from anguish you released me, have mercy and hear me!
2. O men, how long will your hearts be closed,  
will you love what is futile and seek what is false?
3. It is the Lord who grants favours to those whom he loves;  
the Lord hears me whenever I call him.  
Fear him; do not sin: ponder on your bed and be still  
Make justice your sacrifice, and trust in the Lord.
4. 'What can bring us happiness?' many say.  
Lift up the light of your face on us, O Lord.  
You have put into my heart a greater joy  
than they have from abundance of corn and new wine.
5. I will lie down in peace and sleep comes at once  
for you alone, Lord, make me dwell in safety.
6. Glory be to the Father... Amen

*You, Lord God, are slow to anger, abounding in love.*

#### Reading: Deuteronomy 6:4-7

Hear, O Israel: the Lord our God is one Lord; and you shall love the Lord your God with all your heart, and with all your soul, and with all your might. And these words which I command you this day shall be upon your heart; and you shall teach them diligently to your children, and shall talk of them when you sit in your house, and when you walk by the way, and when you lie down, and when you rise.

#### Short Responsory

Into your hands, Lord, I commend my spirit.

*R/ Into your hands, Lord, I commend my spirit.*

You have redeemed us, Lord God of truth. *R/*

*Glory be to the Father and to the Son and to the Holy Spirit. R/*

#### Nunc Dimittis

*together: Save us, Lord, while we are awake;  
protect us while we sleep; that we may keep watch with Christ  
and rest with him in peace.*

At last, all-powerful Master, you give leave to your servant  
to go in peace, according to your promise. For my eyes have seen your salvation  
which you have prepared for all nations, the light to enlighten the Gentiles  
and give glory to Israel, your people.

Glory be ....

Save us, Lord, while we are awake; protect us while we sleep;  
that we may keep watch with Christ and rest with him in peace.

**Let us pray.**

Visit this house, we pray you, Lord:

drive far away from it all the snares of the enemy.

May your holy angels stay here and guard us in peace,

and let your blessing be always upon us.

Through Christ our Lord, Amen.

The Lord grant us a quiet night and a perfect end. Amen.

**Anthem to Our Lady — Ave Regina Caelorum / Hail Queen of Heaven**

Ave, Regína cælórum,  
ave, Dómina angelórum,  
salve, radix, salve, porta,  
ex qua mundo lux est orta.  
Gaude, Virgo gloriósa,  
super omnes speciósa;  
vale, o valde decóra,  
et pro nobis Christum exóra.

Hail, Queen of heaven, beyond compare,  
To whom the angels homage pay;  
Hail, Root of Jesse, Gate of Light,  
That opened for the world's new Day.  
Rejoice, O Virgin unsurpassed,  
In whom our ransom was begun,  
For all your loving children pray  
To Christ, our Saviour and your Son.