

John the Baptist is the last of the great prophets of the Bible, and he is the forerunner of Christ. A prophet isn't someone who sees into the future as if into a glass bowl. A prophet is one who reads the signs of the times and speaks with the voice of God.

John preached a message of repentance. He called for an end to division and conflict and for a time of peace and harmony. He pointed to the one who will bring this about - Jesus. Both the first reading and the Gospel speak about the coming of one with integrity who will bring peace to the nations. There is a sense of excitement in the book of Baruch – a time of joy is coming - and in the Gospel we are told to get ready, to prepare, because things are going to change. With the coming of Jesus nothing will ever be the same again.

### DO

Light a single match or candle. See the difference even one little light makes.



### PRAY

Pray that God's light will shine in you, so that all will know that hope has broken into our broken world and that darkness has been overcome.

## **LEARN**

The Christian is one who points towards Jesus

The Christian is called to be prophetic

To be people of the light is to let God's light shine in us and through us

# REFLECT

n 1989, newly elected U.S. president George H.W. Bush used an expression in his inaugural address that also describes the Christian calling. He spoke of a 'thousand points of light.' If you've ever been in a pitch-dark church or arena that is illumined by candles, you know the wonderfully soothing, intimate atmosphere that is created. The candlelight cuts through the darkness, smothering its power. The glow from even one candle punctuates the darkness, like a little flicker of defiant hope.

It is no coincidence that this time of year is dank, dreary and dull. We are in deep mid-winter. Darkness envelopes us. The nights seem endless; nature and the weather perpetually glum.

When we look at the world around us, it seems that darkness has also taken hold: the catastrophic impact of climate change; war in Ukraine and in the Middle East; more refugees than at any time since the end of the Second World War; the rise in racism and right-wing populism; the pressure on our hospitals and other public services; the many burdened by loneliness, depression, financial worries or physical illness.

On days when the news is filled with grim tidings, it can seem as if we're stuck in deep mid-winter, as if the darkness will engulf us... and then Advent comes along.

Advent is the great season of light. In this dreary mid-winter, Advent reminds us that darkness doesn't have the last word, because into the darkness a light has come – Jesus, God-with-us, light of the world. Advent reminds us that God has heard the cry of God's people and responded by sending his Son as one like us to give us life. Our Christian hope is rooted in the knowledge that God has come among us, is with us now, and will come again at the appointed time. Hope has taken shape in Jesus, our point of light. As his followers, we are people who walk in the light.

### SAY

"What marvels the Lord has worked for me. Indeed, I am glad."

#### **ENTRANCE ANTIPHON**

O people of Sion, behold, the Lord will come to save the nations, and the Lord will make the glory of his voice heard

in the joy of your heart.

#### COLLECT

Almighty and merciful God, may no earthly undertaking hinder those who set out in haste to meet your Son, but may our learning of heavenly wisdom gain us admittance to his company. Who lives and reigns with you in the unity of the Holy Spirit,

God, for ever and ever. **Amen.** 

#### **FIRST READING**

Bar 5:1-9

A reading from the prophet Baruch

Jerusalem, take off your dress of sorrow and
distress.

put on the beauty of the glory of God for ever, wrap the cloak of the integrity of God around you,

put the diadem of the glory of the Eternal on your head:

since God means to show your splendour to every nation under heaven,

since the name God gives you for ever will be, 'Peace through integrity, and honour through devotedness.'

Arise, Jerusalem, stand on the heights and turn your eyes to the east: see your sons reassembled from west and east at the command of the Holy One, jubilant that

God has remembered them.
Though they left you on foot,
with enemies for an escort,
now God brings them back to you
like royal princes carried back in glory.
For God has decreed the flattening
of each high mountain, of the everlasting hills,
the filling of the valleys to make the ground level
so that Israel can walk in safety under the glory
of God.

And the forests and every fragrant tree will provide shade

for Israel at the command of God; for God will guide Israel in joy by the light of his glory

with his mercy and integrity for escort. The word of the Lord.

Thanks be to God.

# **PSALM** Ps 125 (126)

Response:

What marvels the Lord worked for us! Indeed we were glad.

When the Lord delivered Zion from bondage,

it seemed like a dream.
Then was our mouth filled with laughter, on our lips there were songs. (R.)

The heathens themselves said: 'What marvels the Lord worked for them!'
What marvels the Lord worked for us!

Indeed we were glad. (R.)

Deliver us, O Lord, from our bondage as streams in dry land.
Those who are sowing in tears will sing when they reap. (R.)

They go out, they go out, full of tears carrying seed for the sowing: they come back, they come back, full of song, carrying their sheaves. (R.)

#### **SECOND READING**

Phil 1:3-6, 8-11

Lk 3:1-6

A reading from the letter of St Paul to the Philippians

Every time I pray for all of you, I pray with joy, remembering how you have helped to spread the Good News from the day you first heard it right up to the present. I am quite certain that the One who began this good work in you will see that it is finished when the Day of Christ Jesus comes. God knows how much 1 miss you all, loving you as Christ Jesus loves you. My prayer is that your love for each other may increase more and more and never stop improving your knowledge and deepening your perception so that you can always recognise what is best. This will help you to become pure and blameless, and prepare you for the Day of Christ, when you will reach the perfect goodness which Jesus Christ produces in us for the glory and praise of God.

The word of the Lord. Thanks be to God.

### **GOSPEL ACCLAMATION**

Alleluia, alleluia! Prepare a way for the Lord, make his paths straight, and all mankind shall see the salvation of God. Alleluia!

### OSPEL

A reading from the holy Gospel according to Luke

In the fifteenth year of Tiberius Caesar's reign, when Pontius Pilate was governor of Judaea, Herod tetrarch of Galilee, his brother Philip tetrarch of the lands of Ituraea and Trachonitis, Lysanias tetrarch of Abilene, during the pontificate of Annas and Caiaphas, the word of God came to John son of Zechariah, in the wilderness. He went through the whole Jordan district proclaiming a baptism of repentance for the forgiveness of sins, as it is written in the book of the sayings of the prophet Isaiah:

A voice cries in the wilderness;

Prepare a way for the Lord, make his paths straight.

Every valley will be filled in, every mountain and hill be laid low, winding ways will be straightened and rough roads made smooth. And all mankind shall see the salvation of God.

The Gospel of the Lord.

Praise to you, Lord Jesus Christ.

# PROFESSION OF FAITH

I believe in one God, the Father almighty, maker of heaven and earth, of all things visible and invisible.

I believe in one Lord Jesus Christ, the Only Begotten Son of God, born of the Father before all ages. God from God, Light from Light, true God from true God, begotten, not made, consubstantial with the Father;

through him all things were made. For us men and for our salvation he came down from heaven,

(all bow during the next three lines)

and by the Holy Spirit was incarnate of the Virgin Mary, and became man.

For our sake he was crucified under Pontius Pilate,

he suffered death and was buried, and rose again on the third day in accordance with the Scriptures. He ascended into heaven and is seated at the right hand of the Father. He will come again in glory to judge the living and the dead

and his kingdom will have no end.

I believe in the Holy Spirit, the Lord, the giver of life,

who proceeds from the Father and the Son, who with the Father and the Son is adored and glorified,

who has spoken through the prophets.

I believe in one, holy, catholic and apostolic Church.

I confess one Baptism for the forgiveness of sins

and I look forward to the resurrection of the dead

and the life of the world to come. Amen.

### PRAYER OVER THE OFFERINGS

Be pleased, O Lord, with our humble prayers and offerings,

and, since we have no merits to plead our cause, come, we pray, to our rescue with the protection of your mercy. Through Christ our Lord.

Amen.

# COMMUNION ANTIPHON

Jerusalem, arise and stand upon the heights, and behold the joy which comes to you from God.

### PRAYER AFTER COMMUNION

Replenished by the food of spiritual nourishment, we humbly beseech you, O Lord, that, through our partaking in this mystery, you may teach us to judge wisely the things of earth and hold firm to the things of heaven.

and hold firm to the things of heaven. Through Christ our Lord. **Amen.** 

Which Mary? A woman "blessed because she believed," always and everywhere in God's words, or a "plaster statue" from whom we beg favours at little cost? The Virgin Mary of the Gospel, venerated by the Church at prayer, or a Mary of our own making, one who restrains the arm of a vengeful God, one sweeter than Jesus the ruthless judge, one more merciful than the Lamb slain for us?

Pope Francis





