Advent Weekend Retreat

December 12th -14th 2025.

Organized by Luxembourg <u>Christian Meditation Group</u> of The World Community for Christian Meditation. (WCCM) <u>www.wccm.org</u>

For experienced meditators and those new to the practice.

Cost: 300 euros to include food and accommodation. If a concession is required, please get in touch

<u>To reserve a place</u> contact Marcella Mc Carthy: marcellacr@icloud.com no later than Nov. 14th

For more information contact:

- Kay Connacher <u>kay.connacher@pt.lu</u> Tel. 352 621 279667
- Marcella McCarthy <u>marcellacr@icloud.com</u> Tel. 352 691 435788

Theme: Silence Stillness and Simplicity

Retreat leader: Liz Watson

Liz was UK National Coordinator before stepping back from leadership roles to focus on teaching meditation, in the UK and beyond, in person and on-line, and spiritual direction. She made her career in the public library system, and after a change of direction studied for an MA in Theology, which has helped her understanding of the Christian mystical tradition which so fascinates her.





<u>Venue</u>: The beautiful 12th century former Cistercian monastery is set in the German Eifel slightly over an hour's drive from Luxembourg city. For more information see The House | St. Thomas Retreat House of the Diocese of Trier

Today, St. Thomas is the retreat house of the Diocese of Trier and thus a place of spiritual deepening and radiance, where priests, deacons, religious, lay people working in pastoral care and charitable services and various groups come together for further training courses and retreats in the soothing silence of the Kyll Valley.

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